

Willie Word of the Week



MUSIC & ARTS PROGRAM FOR YOUTH, INC.



Willie Word

Small Words
Make a
Big Difference!

What is Focus?

Focus means giving your full attention to what you are doing right now.

Focus helps us:

- Listen carefully
- Learn new things
- Follow directions
- Finish our work
- Make good choices
- Reach our goals

When we focus
we listen, learn
and finish well!



- BE KIND
- BE BRAVE
- BE THANKFUL
- BE YOU

- READ
- LEARN
- CREATE
- GROW
- BELIEVE



♥ A Kinder, Brighter World! ♥



Willie's Story

Every
Story
Matters!



One Thing at a Time

Willie had an important activity to finish, but it was hard to stay focused. A sound caught his attention. Then he spotted a red bird outside his window. Before he knew it, he was thinking about all the things he wanted to do later.

Willie noticed that his attention kept jumping from one thing to another. Then he remembered his focus plan: STOP, LOOK, LISTEN, and DO ONE THING AT A TIME.

What Do You Think?

What do you think Willie Word did next that helped him stay focused and finish his important activity?

"Reading takes you on a journey to discover new ideas and unlock your potential." - Wilma J. Rogers, M.Ed.

Small Words Make a Big Difference!

BE KIND

BE BRAVE

BE
THANKFUL

BE YOU

READ

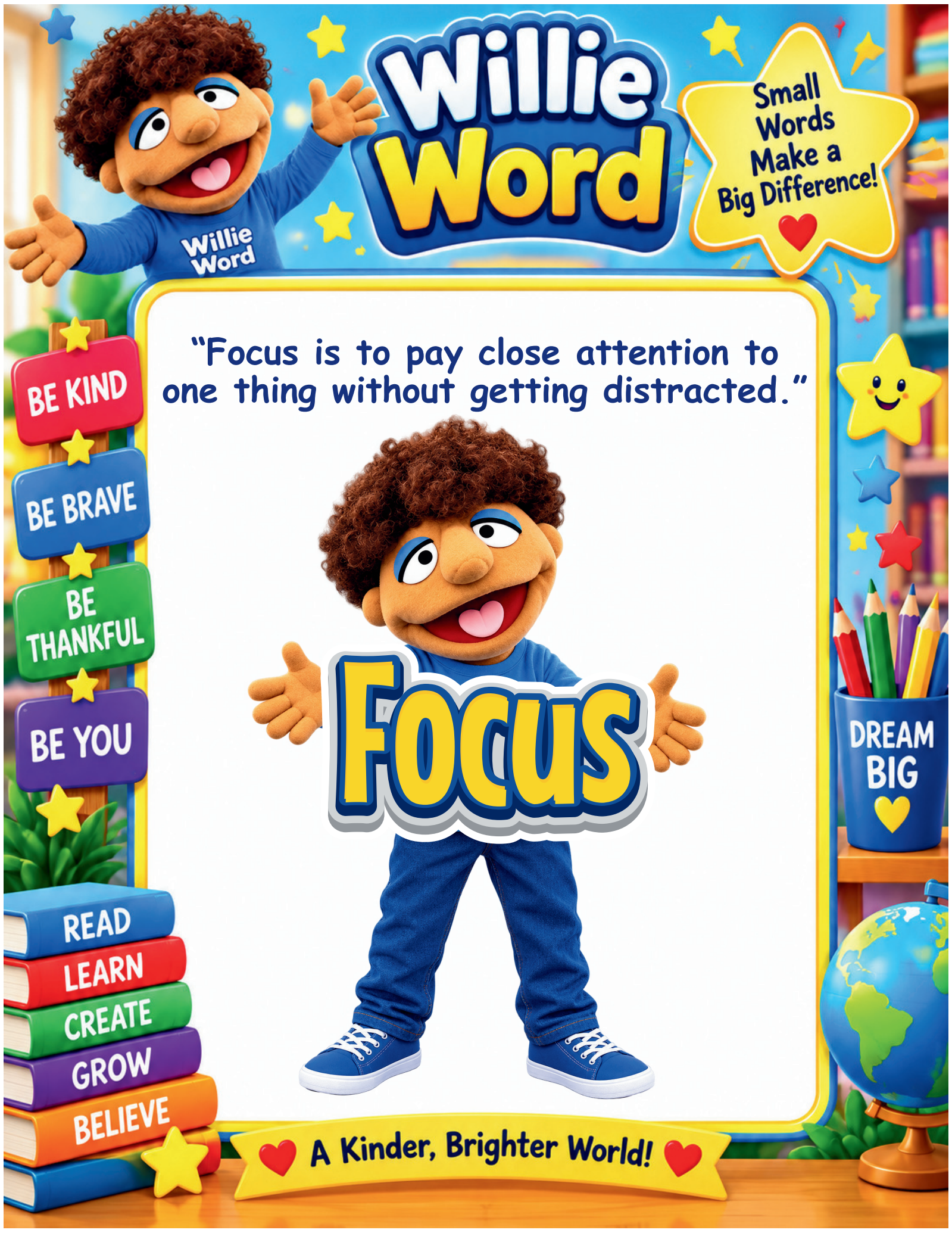
LEARN

CREATE

GROW

BELIEVE

DREAM
BIG



Willie Word

Small Words
Make a
Big Difference!

"Focus is to pay close attention to
one thing without getting distracted."

Focus

♥ A Kinder, Brighter World! ♥

DREAM
LEARN
GROW
BELIEVE

Willie
Word

Willie's Journal

Write it
Down!
Big Dreams
Start Here!

BE
KIND

My Thoughts ♥ My Ideas ♥ My Growth

BE BRAVE

BE THANKFUL

BE YOU

Write or draw 5 things that help you focus!

1

2

3

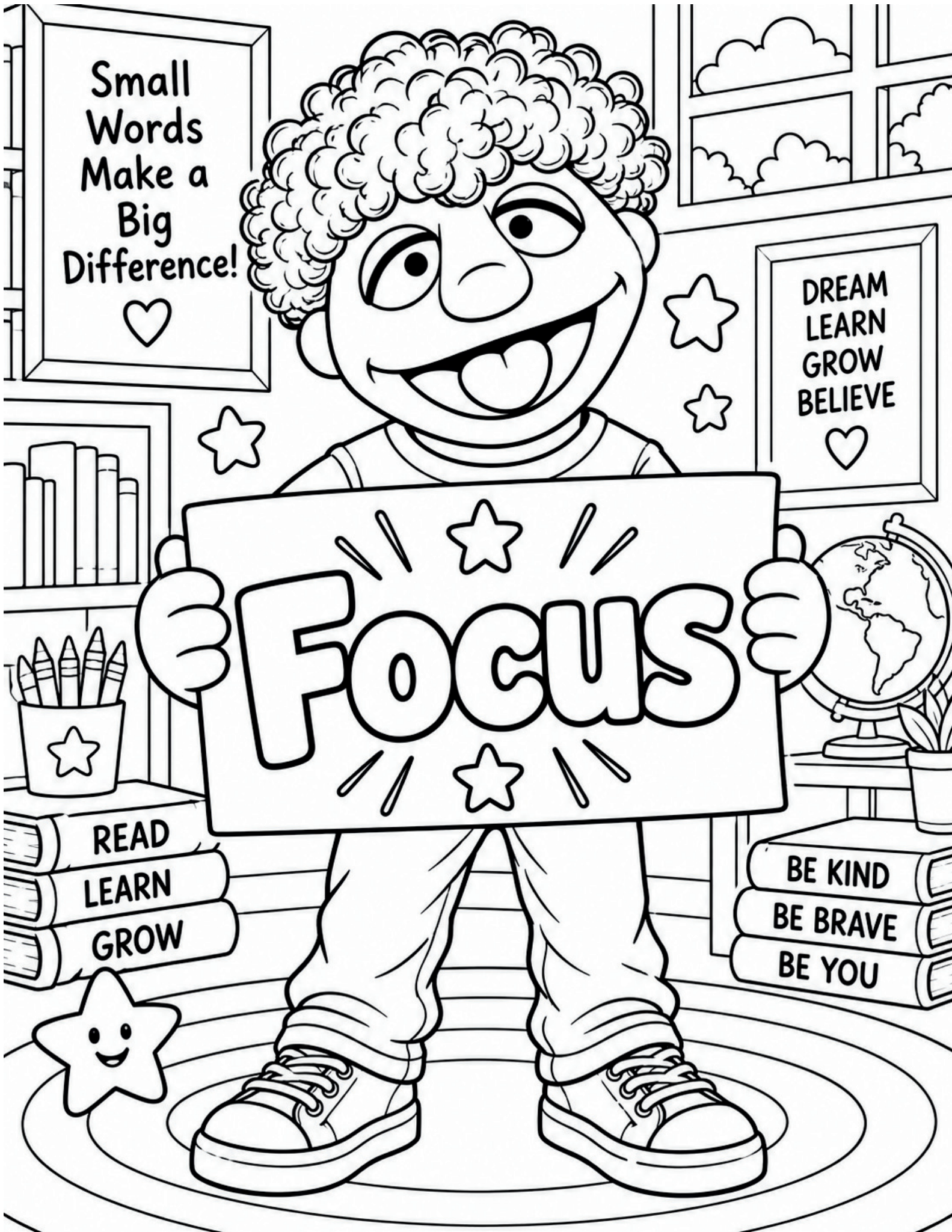
4

5

READ
LEARN
CREATE
GROW
BELIEVE

♥ Small Steps Make a Big Difference! ♥

DREAM
BIG



Small
Words
Make a
Big
Difference!



DREAM
LEARN
GROW
BELIEVE



Focus

READ

LEARN

GROW

BE KIND

BE BRAVE

BE YOU



You Got This!

DREAM
LEARN
GROW
BELIEVE
SUCCEED

Check the boxes as you complete each act.

- ☐ For 10 minutes, put away one thing that easily distracts you.
- ☐ Listen to all the directions.
- ☐ Choose one task to do first.
- ☐ Finish what you start.
- ☐ Celebrate yourself for staying focused.

Focused Actions
helps us succeed!

BE KIND
BE BRAVE
BE THANKFUL
BE YOU

Small Words
Make a
Big
Difference!



Willie
Word

Draw It!

Use Your
Imagination!
You Can
Do It!



A
KINDER
BRIGHTER
WORLD



Draw a picture of yourself doing
something that requires focus.

I focus best when...



Be
Creative
Be You!



Small
Steps
Make Big
Progress!

Challenge!

Willie
Word

You Can Do It!

DREAM

LEARN

GROW

BELIEVE

SUCCEED

Can you complete the
challenge this week?

☐

Put away all distractions.

☐

Keep your learning space organized.

☐

Take three deep breaths and focus.

☐

Listen carefully without interrupting.

☐

Finish one task before starting another.

☐

Tell someone about a time when focusing
helped you.

Accept
the
Challenge!

BE CURIOUS

BE BRAVE

TRY YOUR BEST

KEEP GOING



CHAMPION

CERTIFICATE

Words
Build
Brighter
Futures!

LEARN

GROW

BELIEVE

ACHIEVE

SUCCEED

A Kinder
Brighter
World

This certifies that

_____ has learned the meaning of

Focus

_____ and is practicing habits that help develop
exceptional skills for life.

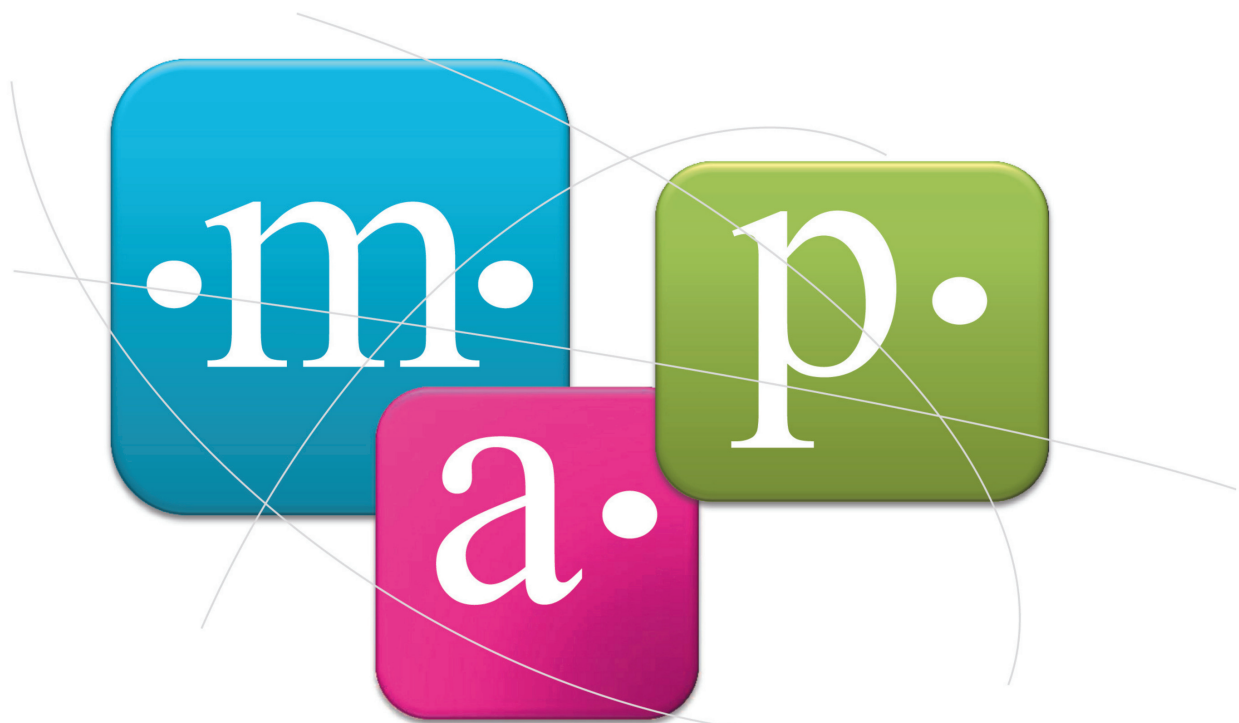
_____ Date



Willie Word

Friend • Learner • Champion

★ BE CURIOUS ★ BE KIND ★ WORK HARD ★ KEEP GOING ★ MAKE A DIFFERENCE



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FOR YOUTH

Guiding youth to succeed!

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